Mariya graduated Cultural studies and pedagogy. Her interests in the arts and education have led her to participate in the National Conference on Access of Young People to Culture for three consecutive years, presenting her thesis on the role of the arts in the educational system. She also affects the need to increase emotional awareness in the educational system.

She acquired her education in contemporary dance in Bulgaria and Italy, and she has worked with choreographers from America, Italy, Belgium and others. In the recent years, she has been involved in international exchanges in the Netherlands and the Czech Republic, where she delivered workshops on personal development through body movement. She is currently doing a Master's degree in "Industrial and organizational psychology".

Here is what Mariya says about herself:

"I consider my life as a constant physical and emotional dance. I believe that people are mediators of feelings shaped in a vibrant breathing bodes capable to play and constant decision making. Actually, body movement is oneness of feelings and mind, every impulse is a feeling. Movement is a thrilling game, in which your body, your mind, your heart, all go out to touch your limits and you come away extended."